

## **First Parish in Cambridge – June 16, 2019**

### **Gospel Sunday – Rev. Adam Lawrence Dyer**

#### **Welcome to First Parish!**

First Parish in Cambridge is a multi-faith, spirit-filled congregation devoted to love and justice. We are moving joyfully into a multiracial, multicultural, justice-making future. We embrace all ages, races, classes, abilities, sexual orientations, gender presentations, and ethnic and religious backgrounds. Honoring all the faith traditions of the world, we support each person's path to wisdom and spiritual growth. Whoever you are, wherever you are on the journey of life, we welcome you into our hearts.

**If you're here for the first time**, we invite you to fill out a visitor card located in the pew and leave it in the collection plate. We'll sign you up for our weekly e-mail announcements and monthly newsletter.

**All are welcome to join us in Helverson Parlor** following the service for refreshments.

**For those attending with children**, you are welcome to worship as a family or children ages 4 and under are welcome in our Nursery. An usher can direct you to RE staff. Registration is required.

#### **Participating in the Service**

Rev. Adam Lawrence Dyer, Lead Minister  
Mandy Neff, Director of Religious Education  
Linda Brown-San Martin, Guest Choir Director  
The First Parish Gospel Choir  
Noe Kamelamela, Welcome Team Leader

#### **Shared Offering for June**

The Middle East Education Group is pleased to announce that the recipient of the Shared Plate for June is the **Palestinian House of Friendship**. This is a non-profit, non-governmental, politically independent humanitarian organization dedicated to serving the needs of children, youth, and their families in the West Bank of Palestine. The main goal of PHF is to invest in Palestinian individuals while promoting the ideals of democracy, human rights, and love for the other. The vision is a Palestinian civil society that possesses a generation of young people who are educated in the values of democracy and ready to become leaders.

## **Congregational Conversation Today**

The Board is creating a space for people to come together to discuss staff changes and to share and process their feelings about these changes. The meeting will be today from 12:00 to 1:15 pm in the Barn Room and will be facilitated by Eileen Sullivan, Valerie Fullum and Rashid Shaikh. Depending on the needs expressed, we may hold other such gatherings in the future, in late July or early August.

## **Upcoming Events**

### **Yin Yoga: Wednesdays, 7-8:30 p.m. in the Barn Room**

All are welcome to a yin yoga practice on Wednesday evenings during the summer (June 19 through August 14) from 7-8:30 p.m. in the Barn Room. There is no charge.

Yin yoga works the connective tissues of the body, and provides space for meditation. Practitioners take a shape on the floor, relax the muscles in that pose's target areas, and remain relatively still for several minutes. This is a quiet practice that does not include music.

Please dress comfortably in clothes that allow the body to move, and bring a yoga mat. This is a drop-in format, it is not necessary to attend all sessions. Contact: Stacey Jackson Flammia ([staceyjacksonflammia@gmail.com](mailto:staceyjacksonflammia@gmail.com))

The **Middle East Education Group** is co-sponsoring a fundraising event for the Palestinian House of Friendship **on Saturday June 22 at 3 PM** at the Community Church of Boston, located in Copley Square at 565 Boylston Street, 2<sup>nd</sup> Floor, Lothrop Auditorium. Dr. Mohammed Sawalha, the founder and Executive Director, will be present. There will be musical entertainment by an oudist and refreshments will be served. Contact [MEEG@firstparishcambridge.org](mailto:MEEG@firstparishcambridge.org) for more information. Additional details are in the Facebook announcement: <https://www.facebook.com/events/818225748562534/>

The Group expects that Dr. Sawalha will be in worship on **Sunday June 23** to speak briefly about the work of the organization. Additionally, there will be a presentation in the Chapel that day from 12:00 – 2:00 PM.

## Religious Education for Children and Youth

Religious Education programs resume in September.

To receive information about registration for our fall programs including OWL 7-9/homeschool equivalent, please email [mneff@firstparishcambridge.org](mailto:mneff@firstparishcambridge.org).

## Get involved!

### Accompaniment Volunteering

First Parish is a member of the CISC, a coalition of Cambridge-area congregations that is currently hosting a woman and her two children in sanctuary so she can avoid deportation and separation from her family. "Accompaniment" volunteers are needed seven days a week on-site at a church in Harvard Square. We can pair you with an experienced volunteer so you won't be on your own.

### Child Care Volunteering

The CISC childcare team is looking for volunteers who can commit to regular monthly outings to ensure that the children (ages 2 and 4) are able to spend time outside each day. A simple hour or two of outdoor play means so much in the life of this family. Because coverage and consistency are ongoing concerns, we are looking for people who can commit to at least 2 weekday morning or afternoon outings a month.

*Please email Rebecca Balder, First Parish's volunteer coordinator, at [BBSF@firstparishcambridge.org](mailto:BBSF@firstparishcambridge.org) to learn more about either of these opportunities.*

## Groups

The **Young Adult Group (YAG)** is a community for people ages 18-35. YAG meets on the 2nd and 4th Tuesdays at 7pm in the Nursery. Newcomers are always welcome. For more information visit our website [cambridgeyag.org](http://cambridgeyag.org).

### Spanish Conversation Group

¿Habras español? First Parish's **Spanish Conversation Group** meets on first and third Tuesdays of every month at 6:00 p.m. in the Baldwin Room. Come join us for informal conversation in a relaxed, friendly atmosphere. All levels are welcome and no commitment is required! For more information, email [spanish@firstparishcambridge.org](mailto:spanish@firstparishcambridge.org). ¡Nos vemos pronto!

## Events This Week

*Please note that Yoga, Music and Art and Cooking Classes are not First Parish programs. They are run by outside instructors and a fee is associated with the classes.*

### **Sunday**

10:30 am

12:00 pm

12:30 pm

12:30 pm

### **June 16 – Gospel Sunday**

Sunday Worship

Congregational Conversation in the Barn Room

Mandarin Class in the Fuller Room

Youth Group in the Nursery

### **Monday**

6:30 pm

6:30 pm

6:30 pm

7:00 pm

### **June 17**

AA in the Parlor

Art Class in the Chapel

Women Writing Together in the Baldwin Room

CISC in the Barn Room

### **Tuesday**

9:00 am

5:30 pm

5:30 pm

6:00 pm

7:00 pm

### **June 18**

Yoga in the Barn Room

Tuesday Meals in the Parlor

Development Team in the Landing Room

Spanish Conversation in the Baldwin Room

Governing Board in the Chapel

### **Wednesday**

9:00 am

6:00 pm

6:30 pm

6:30 pm

8:00 pm

### **June 19**

Yoga in the Barn Room

FP Affiliated Organization Team in the Landing Room

Yin Yoga in the Barn Room

Two Brattle in the Baldwin Room

AA in the Parlor

### **Thursday**

9:00 am

12:00 pm

6:00 pm

### **June 20**

Yoga in the Barn Room

Yoga in the Barn Room

Yoga in the Barn Room

### **Friday**

9:00 am

### **June 21**

Groovy Baby Music in the Chapel

### **Saturday**

8:30 am

10:00 am

### **June 22**

GSA in the Chapel

Yoga in the Barn Room