

Welcome to First Parish in Cambridge – August 11, 2019

Participating in the Service

Rev. Adam Lawrence Dyer, Lead Minister
Timothy Ellis, Guest Preacher
Jonathan Barnhart, Director of Music
Valerie Fullum, Welcome Team Leader

This morning's hymns are:

Singing the Journey (Teal) #1040

Hush

Singing the Living Tradition (Grey) #18

What Wondrous Love

Singing the Living Tradition (Grey) #347

Gather the Spirit

Our Covenant

In covenant with one another and all we hold sacred, we answer the call of love, welcoming all people into the celebration of life, searching for truth and meaning, and striving for justice and compassion, to nourish and serve each other, our community and our world.

Nuestro Convenio

En convenio mutuo y con todo lo que consideramos sagrado, respondiendo al llamado del amor, invitamos a todos a la celebración de la vida, buscamos la verdad y el sentido del ser, y nos esforzamos para alcanzar la justicia y la compasión, para apoyarnos y servirnos mutuamente, a nuestra comunidad y a nuestro mundo.

Traducido por Lilia Cuervo.

First Parish in Cambridge is a multi-faith, spirit-filled congregation devoted to love and justice. We are moving joyfully into a multiracial, multicultural, justice-making future. We embrace all ages, races, classes, abilities, sexual orientations, gender presentations, and ethnic and religious backgrounds. Honoring all the faith traditions of the world, we support each person's path to wisdom and spiritual growth. Whoever you are, wherever you are on the journey of life, we welcome you into our hearts.

If you're here for the first time, we invite you to fill out a visitor card located in the pew and leave it in the collection plate. We'll sign you up for our weekly e-mail announcements.

All are welcome to join us in Helverson Parlor following the service for refreshments.

For those attending with children, you are welcome to worship as a family or children ages 4 and under are welcome in our Nursery on the 2nd Floor. An usher can direct you to RE staff. Registration is required.

Religious Education programs for children and youth resume in September.

To receive information about registration for our fall programs including OWL 7-9/homeschool equivalent, please email mneff@firstparishcambridge.org.

Timothy Ellis, Guest Preacher

Timothy Ellis has spent the past two years serving the Eliot Church of Natick UU/UCC as a member of their ministry team. Ze is an incoming Harvard Divinity School seminarian and also serves on the board of the Sanctuary Boston. Timothy lives in Roslindale and enjoys camping and learning about outer space.

Upcoming Events

The Middle East Education Group welcomes you to join us at this event:

"Inside Mecca" - a documentary about Hajj

Monday, August 12, 7-9 p.m.

First Parish Unitarian Universalist of Arlington (Bailey Room)

630 Massachusetts Avenue in Arlington

This is a National Geographic documentary which follows three pilgrims -- from Indonesia, South Africa, and the United States -- as they prepare for and experience Hajj. This visually beautiful 80-minute film explores what this ancient ritual means to these diverse individuals and to millions of other pilgrims to Mecca.

Sponsored by STAR, the adult religious program of the First Parish Unitarian Universalist of Arlington. After the film we will have some time to discuss our observations and reactions. Everyone is welcome, including children. Questions? Email STAR@firstparish.info.

Shared Offering for August

The Shared Offering recipient for August is the **Worthy Now Prison Ministry Network**, a liberal religious coalition powered by the Church of the Larger Fellowship, a Unitarian Universalist congregation with no geographical boundary. Worthy Now Prison Ministry Network includes individuals, groups and communities of faith called to prison ministry/justice. Their dream is for all people who are imprisoned to know they are inherently Worthy Now of love and justice, and for them to have access to religious freedom.

The Worthy Now Network developed from two differing needs. The 3500 members of Church of the Larger Fellowship includes more than 750 people who are living in prisons across the United States. Some were already UUs but the majority learned about Unitarian Universalism's saving message by being connect to CLF by others who are incarcerated. Worthy Now helps extend CLF's reach to meet the demand for faith among this population.

They are also called to be a community resource for UUs and others in liberal faith traditions so they can extend their reach far beyond those they already serve. Worthy Now seeks to create common space for all of us to connect online, share ideas and resources and provide/receive training. This prison ministry network will help those in the free world better serve our incarcerated siblings in faith.

For more information: worthynow.org

Yin Yoga: Wednesdays, 7-8:30 p.m. in the Barn Room

All are welcome to a yin yoga practice on Wednesday evenings through August 14 from 7:00 -8:30 p.m. in the Barn Room. There is no charge. This is a drop-in format, it is not necessary to attend all sessions. Contact: Stacey Jackson Flammia at (staceyjacksonflammia@gmail.com). Please dress comfortably in clothes that allow the body to move, and bring a yoga mat.

Get Involved

Hospitality Help Needed – It takes many volunteers for us to be able to provide food for social hour on Sundays after worship. It's too much to expect that a few people will do all the work on this so we're asking that everyone pitch in to make our social hours welcoming to all. We're looking for 3-4 people each week to provide food items (baked goods, fruit, cheese & crackers, hummus, etc). The church provides coffee, tea and water. A sign up sheet is available on the bulletin board in the Parlor for you to sign up for upcoming Sundays!

Accompaniment and Child Care Volunteering

First Parish is a member of the CISC, a coalition of Cambridge-area congregations that is currently hosting a woman and her two children in sanctuary so she can avoid deportation and separation from her family.

"Accompaniment" volunteers are needed seven days a week on-site at a church in Harvard Square. We can pair you with an experienced volunteer so you won't be on your own.

We are also looking for volunteers who can commit to regular monthly outings to ensure that the children are able to spend time outside each day. A simple hour or two of outdoor play means so much in the life of this family. Because coverage and consistency are ongoing concerns, we are looking for people who can commit to at least 2 weekday morning or afternoon outings a month.

Please email BBSF@firstparishcambridge.org to learn more about either of these opportunities.

Groups

Our Elders Group is open and meets on the 1st Tuesday of every month at 2:30 pm in the Chapel.

The **Young Adult Group** (YAG) is a community for people ages 18-35. The group meets on the 2nd and 4th Tuesdays at 7:00 pm upstairs in the Nursery and sometimes meets for food and social events on other occasions. Newcomers are always welcome. Anyone 18-35 is welcome to attend!

Spanish Conversation Group

¿Hablas español? Our **Spanish Conversation** Group meets on 1st and 3rd Tuesdays of every month at 6:00 pm in the Baldwin Room. Come join us for informal conversation in a relaxed, friendly atmosphere. All levels are welcome and no commitment is required! For more information, email spanish@firstparishcambridge.org. ¡Nos vemos pronto!

Events This Week

Please note that Yoga, Music and Art Classes are not First Parish programs. They are run by outside instructors and a fee is associated with them.

Sunday **August 11**
10:30 am Sunday Worship
6:00 pm Sacred Circle Dance in the Barn Room

Monday **August 12**
6:30 pm AA in the Parlor
6:30 pm Art Class in the Chapel

Tuesday **August 13**
9:00 am Yoga in the Barn Room
5:30 pm Tuesday Meals in the Parlor
6:30 pm Cambridge Forum Board in the Chapel
7:00 pm YAG in the Nursery

Wednesday **August 14**
6:30 pm Two Brattle in the Baldwin Room
6:30 pm Yin Yoga in the Barn Room
8:00 pm AA in the Parlor

Thursday **August 15**
9:00 am Yoga in the Barn Room
12:00 pm Yoga in the Barn Room
6:00 pm Yoga in the Barn Room
6:30 pm Racial Equity Team in the Chapel

Saturday **August 17**
8:30 am GSA in the Chapel
10:00 am Yoga in the Barn Room
2:00 pm GPI in the Parlor